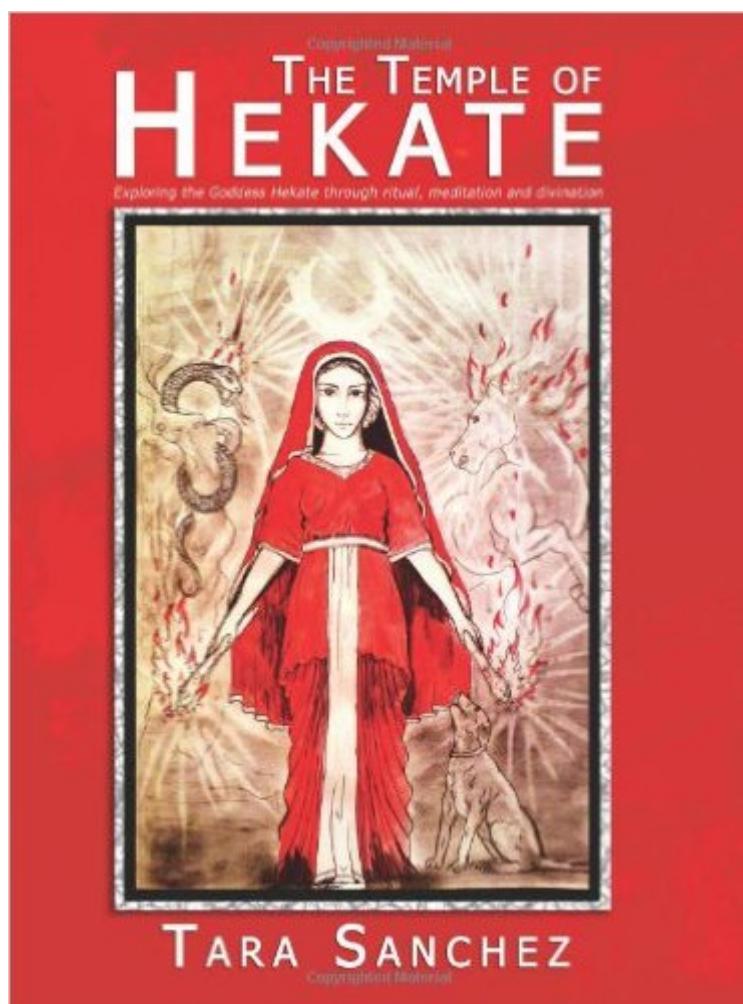


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# The Temple Of Hekate - Exploring The Goddess Hekate Through Ritual, Meditation And Divination



## Synopsis

The Temple of Hekate is a vibrant and exciting collection of modern rituals and practices exploring the mysteries of the Goddess Hekate. In this book Tara Sanchez draws together her knowledge of ancient practices and literature merging it with her personal experiences and ideas. Thoroughly modern, but steeped in history, this is a book of rituals, meditations, divinations and other techniques through which the reader is invited to explore the magick of this ancient goddess of the crossroads, sorcery and witchcraft. The reader is introduced to essential practices such as keeping a magickal journal, setting up the altar, ritual purification, sacred space, preparing incenses and making a ritual robe; as well as more advanced practices such as ritual gestures, sacred vowels and dream incubation. Other techniques covered include knot magick and phylacteries, psychic development and the use of banishing rituals. The exercises in this book present the beginner with everything they need, and the experienced practitioner with a new and fresh perspective. Divination is a very popular area of study amongst those interested in modern witchcraft and magic, and this book presents a unique Hekatean approach to using and interpreting the Major Arcana of the Tarot. Through drawing together ideas from ancient literature and applying it to modern works, the author has created the Oracle of Her Sacred Fires. This oracle is a system of divination by dice and draws on the writings of dozens of modern priests, priestesses and mystics who contributed to the anthology Hekate Her Sacred Fires (d'Este, 2010) - a wonderful blend of old and new! The comprehensive appendixes provide additional reference material which can be used to enhance workings with the Goddess Hekate. They include material on Hekate and the other Gods, herbs, plant and animal correspondences, other spiritual beings such as daemons, the winds and the four elements - as well as techniques for reduction sigils and planetary hours. Filled with a blend of ancient and modern wisdom, ritual, technique and theory - this book is essential reading for complete beginners, intermediate students and experienced hands who are looking for relevant 21st century insights and ideas, which also honour the past - and in the process it opens up entirely new ways through which to explore the magick of the Goddess Hekate today.

## Book Information

Paperback: 192 pages

Publisher: Avalonia (August 13, 2011)

Language: English

ISBN-10: 1905297491

ISBN-13: 978-1905297498

Product Dimensions: 7.4 x 0.4 x 9.7 inches

Shipping Weight: 13.4 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars See all reviews (20 customer reviews)

Best Sellers Rank: #605,685 in Books (See Top 100 in Books) #163 in Books > Religion & Spirituality > New Age & Spirituality > Goddesses #316 in Books > Religion & Spirituality > New Age & Spirituality > Wicca, Witchcraft & Paganism > Paganism #459 in Books > Religion & Spirituality > New Age & Spirituality > Wicca, Witchcraft & Paganism > Wicca

## Customer Reviews

To my knowledge, this book is the first of its kind. There are quite a few books on the market which are dedicated solely to this complex Goddess, the majority of which are purely academic explorations into her various roles within different points of history around the ancient world. For many, the purely academic titles, whilst interesting, can be found by the reader to be a little dry, especially when we take into consideration that a substantial segment of the readership comes from those involved in various forms of neo-pagan or occult disciplines in search of inspiration for workable practices as means of accessing Hekate. In "The Temple of Hekate", readers of this ilk will be delighted to find that many of their prayers have been answered. It is as if the work has been done for us. Tara Sanchez has spent several years trawling painstakingly through all of the major old world texts pertaining to this Goddess and her background, and it really shows! The author's solid grounding in the mythological themes and magical and religious practices of the ancient Greek world shine through on almost every page. Even more refreshingly, the author has not just been studying Hekate, but working magickally with her intensely. The wealth of practical ritual application in this book is a fascinating insight into one occultist's discoveries along her Hekatean path. Tara Sanchez emphasises throughout the book that the practical exercises and rituals are simply her methods for establishing a working relationship with Hekate and encourages the reader to make use of what they will and develop their own workings.

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